



WEEKLY GOALS CHECK-IN

Date: _____

My session writing goal: _____

This month's writing goal: _____

I will celebrate achieving my monthly goal by: _____

Last week's writing goal: _____

Percent complete: _____

This week's writing goal: _____

Remember to set S.M.A.R.T.E.R goals!

S – specific

M – measurable

A – actionable

R – risky

T – time-sensitive

E – exciting

R – relevant